

THE BASICS: FOOD

- The UGA Food Service website is the best resource for up-to-date listings on the cost of a meal plan, dining hall locations and hours, menu items and the types of food being offered in each dining hall, and much more!
- Please visit their website at: <http://foodservice.uga.edu/>

GENERAL INFORMATION

- Tipping is 15-20% of your final bill
- Servers are paid less than minimum wage. Your tip is part of their salary, so it is really important to tip.
- No tipping necessary at fast food restaurants or places without a wait staff
- Usually free soda/soft drink refills
- Be prepared to provide valid identification to purchase alcoholic beverages (legal age is 21)
- Substitute side items (might charge you a small fee)
- You can always leave out items (no pickles, mayo, onions, cheese, etc.)
- If you have any questions, ask your server

TYPICAL AMERICAN & SOUTHERN FOOD

- Breakfast: Pop Tarts, cereal & milk, pancakes, grits, biscuits & gravy, hash browns, muffins, eggs, bacon, etc.
- Lunch & Dinner: BBQ, fried chicken, cheese burgers, pizza, French fries, fried okra, corn on the cob or creamed corn, sweet potatoes, black eyed peas, green beans, etc.

JUST A LITTLE NOTE..

- American food is generally high in fat and sugar
- There are a lot of fried foods in the South
- Don't overload on American food too soon - you can get a stomach ache
- Vegan / vegetarian options might be difficult to find
- Vegetables might be cooked in chicken or beef stock or other animal products – always ask to make sure restaurant vegetables are vegetarian!
- Many restaurants add a gratuity (tip) automatically if you dine-in with a group of a certain size or more (usually 8 or more people). This is for sit-down restaurants only, not for fast food establishments.
- You can often split checks (pay the bill in separate pieces). Not all places do this – ask before ordering!

CENTRAL ATHENS SHOPPING

Earth Fare | 706-227-1717

1689 S. Lumpkin Street

- Opened 8am-9pm every day
- Offers 5% student discount on Mondays and Tuesdays
- Can taste test bulk foods, daily meals to-go (salad and hot bar), sushi bar & deli, organic produce, etc.

Bell's Food Stores | 706-548-1307

995 Hawthorne Avenue (Athens)

2061 Hog Mountain Rd (Watkinsville)

- Small deli, beer/wine section

Athens Farmers Market

Bishop Park & 705 Sunset Drive

- Opened Saturdays ONLY, April 5-December 20, 8am-12pm

Creature Comforts Brewing Company

271 W Hancock Avenue

- Opened Wednesdays ONLY, April 9-October 29, 4pm-7pm
- Offers locally grown/made foods and crafts

The Fresh Market | 706-543-6343

196 Alps Road

- Opened 8am-9pm every day

The Daily Groceries Co-Op | 706-548-1732
523 Prince Avenue (next to The Grit restaurant)

- Opened Monday to Friday 8am-10pm & Saturday to Sunday 9am-10pm
- Offers healthy, local, and organic foods, bulk foods, small fresh fruits and veggies

Kroger | 706-549-2185

191 Alps Road

- Opened 24 hours a day
- Discount card

WEST ATHENS SHOPPING

Walmart | 706-549-1423

1911 Epps Bridge Road

- Opened 24 hours a day

Publix | 706-208-3700

3620 Atlanta Highway

- Opened Sunday to Thursday 7am-10pm & Friday to Saturday 7am-11pm

Kroger | 706-583-8900

1720 Epps Bridge Road

- Opened 24 hours a day
- Discount card

EAST ATHENS SHOPPING

Kroger | 706-353-8543

2301 College Station Road

- Opened 24 hours a day, Pharmacy
- Discount card

Walmart | 706-355-3966

4375 Lexington Road

- Opened 24 hours a day

Publix | 706-227-6260

1860 Barnett Shoals Road

INTERNATIONAL FOOD STORES IN ATHENS

Taj Mahal Grocery Store | 706-461-0525
Pakistani and Indian grocery store
2161 W Broad Street
Opened 11am-9pm every day

Fooks Foods | 706-208-8839
Asian grocery store
2026 S Milledge Avenue
Opened Tuesday to Sunday 10am-7pm

Oriental Mart | (706) 354-6762
Asian grocery store
1055 Gaines School Rd
Call for hours of operation

Los Compadres (2 locations)
1380 Prince Ave | (706) 543-6777
395 Old Commerce Rd | (706) 552-5447
Call for hours of operation



International Student Life

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