As the University of Georgia shifts to remote learning for the remainder of spring and for summer 2020 due to the impact of COVID-19, the UHC will also be shifting their services to be more remotely accessible.

The UHC remains open for physical health services in a limited capacity for students with illness or injury. The UHC will continue to separate patients with respiratory illness from those with no respiratory symptoms. Consistent with CDC and Department of Public Health guidance, the Health Center will also begin to deliver phone consultations via appointment for conditions that lend themselves to that format (Telehealth). Over the next few weeks, UHC will transition many of these consultative visits to a true tele-medicine format through video enabled interactions with our provider staff.

Students who are seeking clinical services for illness or injury please call 706-542-1162 during regular business (Monday - Friday, 8 am – 5 pm). Please note that the UHC has suspended their Sunday walk-in hours. Please visit the UHC’s COVID-19 resource website for more information.

**UHC PHARMACY**

Curbside service is available to minimize risk to patients—prescriptions as well as over-the-counter items such as allergy medications, tissues, cough drops, cold relief medications, eye drops and solutions, and more. Please call ahead with any questions or needs: 706-542-9979. Open Monday-Friday, 8am – 5pm. In some instances, the pharmacy may be allowed to dispense more than a one-month supply. Please ask about this option if you are interested.

**UHC PHYSICAL THERAPY CLINIC**

UCH is offering Telehealth appointments to help you continue with or begin a new physical therapy program. Please call: 706-542-8634. After hours nurse line*: If you are a patient of the University Health Center and wish to speak with a nurse for illness or injury advice, call 855-622-1909. *Please note* This after-hours advice service is available only when UHC is closed. Call your 706-542-1162 during regular clinic hours.

**UHC DENTAL CLINIC**

Please call the clinic with urgent matters: 706-542-8700

**UHC TRAVEL AND IMMUNIZATION CLINIC**

Please call regarding previously scheduled appointments: 706-542-5575

**UHC ALLERGY CLINIC**

Please call ahead for scheduled appointments and with questions and need to transfer serum back to allergist: 706-542-5575

**UHC VISION CLINIC**

Order contact lenses online here or by phone: 706-542-8617. Direct shipping available! Please call the clinic with urgent matters.

**UHC WOMEN’S CLINIC**

Telehealth appointments are available—please call with any concerns, questions, or needs: 706-542-8691. There are many situations the UHC can help with remotely.
Many international students also asked how they can stay active during the COVID-19 pandemic. Below are some resources we would recommend. These include at-home exercises to try and other fun activities to keep your body physically healthy.

**UGA REC SPORTS**

Follow UGA Rec Sports on their social media to get daily workouts and other fun activities.

**WORLD HEALTH ORGANIZATION**

The World Health Organization has helpful tips on how to be active during COVID-19. Check out their resources [here](#).

**AMERICAN COLLEGE OF SPORTS MEDICINE**

The American College of Sports Medicine also has some great resources for staying physically active during the COVID-19 pandemic. Check out their resources [here](#).